



LifeStream[®]



Life. On your terms.



Our Vision

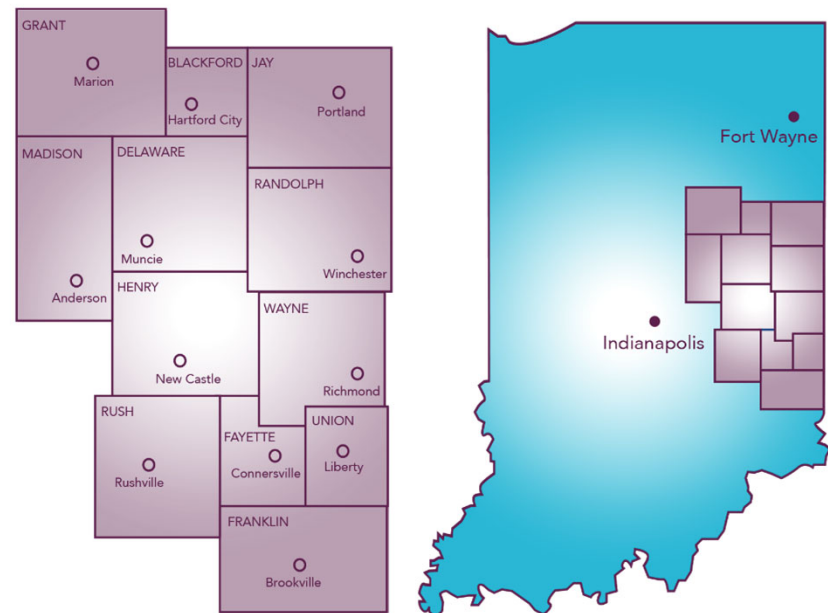
In the communities we serve, individuals will have access to the resources they need to live independently and feel secure.

Our Mission

To improve the quality of life for people at risk of losing their independence.

LifeStream serves over 19,000 seniors, people with disabilities, and others at risk of losing their independence across 12 counties in Indiana.

LifeStream's Service Area



Programs & Services

- In-Home Care Management
- Transportation
- Meal Delivery
- Café Sites
 - Forest Park Senior Center
- Information & Assistance
- Wellness Programs/Classes
- Caregiver Support and more.



LifeStream[®] in Delaware County



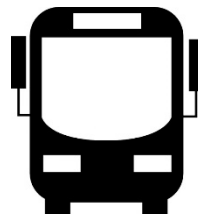
3,750 people served.



177,718 hours of in-home care



92,831 meals provided.



3,440 rides given.



LifeStream[®] improves quality of life.

June is reliant on a walker to get from place to place, unfortunately her home makes it extremely difficult to safely leave or return. The entrance to her home required her to walk five steep steps, with a stoop in front of the door consisting of 18 inches. To unlock her front door, June had to maneuver her walker up the difficult steep steps to the narrow, 18-inch stoop. She then had to back herself and her walker back down a few steps to open the door, and then proceed to back up to go into her own home.

Unfortunately and not surprisingly, this practice has failed her many times. June would lose her balance and fall to a cement patio below her, which would then place her in the hospital for weeks. Her situation was deemed critical, when on a cold winter day she fell to the patio, and lay in the snow for many hours before being seen by a member of the volunteer fire department.

However, as you can see in the picture to the right, June no longer has to worry about if she will be able to make it back into her home whenever she leaves. Safe at Home volunteers installed a large platform to replace June's dangerous, 18 inch ledge. She now steps with a proud smile on her face on her new safer entrance.

We often do not recognize the significance of small adjustments in a person's life. The installation took less than one day and just two volunteers to do.



Do you have a June in your neighborhood?



Identifying & Helping At-Risk Seniors

Home Modifications

- Safety Solutions
 - Grab Bars
 - Step/Railing Repair
 - Restroom Support Systems,
 - Threshold Trip Hazards
 - Smoke Detectors
- Home Savers
 - Ramps
 - In-Home Repairs
 - Furnaces / Air Conditioning



Identifying & Helping At-Risk Seniors

Seasonal Support

- Organize volunteers or a special community day to assist your senior neighbors
 - Fall Leaf Raking
 - Spring Yard Clean Up
 - Snow Removal



Identifying & Helping At-Risk Seniors

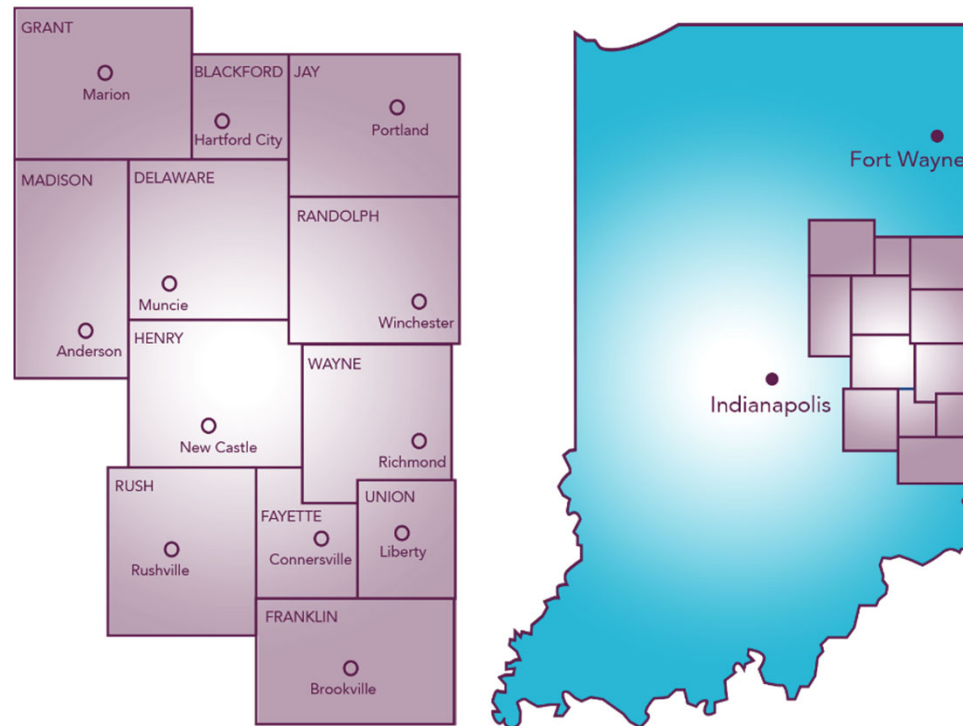
Emergency Preparedness

- Check in on your neighbors
- Create an emergency plan with those at risk
- Assemble emergency preparedness kits
- Transportation assistance to the pharmacy, grocery, doctor's office, etc.



Helping East Central Indiana seniors, people with disabilities, and their families since 1975.

LifeStream's Service Area



Learn more about LifeStream Services
www.lifestreaminc.org | www.facebook.com/lifestreamservices